

## **The Optimal Medicine against the So-Called Untreatable Diseases**

This paper isn't built according to the canons of official medical science since I'm convinced these canons now prevent medicine from developing and people from receiving decent treatment, i.e. reasonable, sparing, effective. My paper doesn't just infringe the accepted conventional principles and practices in medicine but also denies them as increasingly unproductive, absurd, non-scientific and inhumane. It offers new viewpoints on health and disease, on prevention and treatment. These claims are based not just on good intentions but on real facts, on practical results from the treatment of several tens of thousands of patients that encompass more than 100 conditions, including a large number of the so-called "untreatable" diseases: multiple sclerosis, cancer, diabetes, hypertension, asthma, arthritis, Parkinson's disease, influenza, polycystic disease, etc.

The successful treatment of such "untreatable" conditions, or rather of such patients, or at least the accomplishment of an unseen so far improvement of their health conditions, is not a fiction, not a fruit of the placebo therapy, not a dream, but an unbiased and documented healing process.

I wouldn't bother you with these general theoretical reflections but unfortunately without them it's impossible to give a clear and understandable account of the extraordinary results that I'd like to report to you. These have been registered in the treatment of patients with **Parkinson's, cancer, asthma, hepatitis, rheumatoid arthritis, chlamydiosis**, etc.

It is sad that though I have repeatedly raised the question, including on the First Samento Conference in 2001, about the new medical conceptions on which my therapeutical successes are based, almost no one (no doctor, no expert, no patient) notes the conceptions but nearly everyone is interested only in what kind of herbs I use and in what dosage. It's still good I'm not being asked what antibiotics or corticosteroids I use, but such an approach to disease and

treatment doesn't bring a long way. And I don't wish to mention where it brings to - the sad world statistics of conventional medicine is pretty expressive and disheartening.

The medicine I preach, propose and apply is called OPTIMAL MEDICINE. Without its understanding, mastering and practicing it's impossible to attain and keep attaining the therapeutical results I've been recording - they are OPTIMAL! Otherwise with or without Samento, gingko biloba or coenzyme Q-10, the successes will alternate with failures, the hopes - with disappointments, the full hits - with woeful mistakes, the initial improvement - with a sudden funeral... And in both cases the patient or his doctor will wonder, not being able to grasp why the patient sometimes improves or even recovers, nor why at other times he gets worse or dies.

In a nutshell, the OPTIMAL MEDICINE combines all or almost all the best created by both scientific medicine (especially in the field of diagnostics) and alternative medicine (particularly in the realm of naturopathy: phytotherapy, apitherapy, nutritional therapy, etc.). To that I also add some personal views on the PATIENT'S OPTIMAL ANAMNESIS, as well as the OPTIMAL (not practiced anywhere else by physicians, experts or witch doctors!) DIAGNOSING OF THE PATIENT.

It's been said a long time ago that whoever diagnoses well, treats well. But I shall not interpret these words right now - they hide **the first key** to the treatment's success.

**The second key** to health is the OPTIMAL TREATMENT COMPLEX, conformed with the PATIENT'S OPTIMAL INDIVIDUAL CHARACTERISTIC: diagnostic findings (particularly in the blood serum and secretions), body weight, unhealthy habits, previous diseases, professional and family environment, etc.

In my practice as a healer I use only natural remedies: high-quality standardized herbal and other products, licensed by the health authorities of the manufacturing country (USA, Finland, South Africa, Spain), as well as by those in Bulgaria.

In the first place I most often, almost always use Samento! As the doctors, by virtue of a bad tradition, most frequently apply antibiotics, corticosteroids, non-steroidal anti-inflammatory drugs, antidepressants, analgesics... As a matter of fact between the synthetic medications and Samento there's a certain ground for comparison: the medications are normally accompanied by a long list of side effects and Samento is accompanied by a long list of healing effects: antiviral, antibacterial, immunostimulating and immunomodulatory, antitumor, anaesthetic, haemostatic, antiparasitic, detoxifying, febrifuge, hypotensive, etc. This list is extended continuously.

None of the known herbs and contemporary medicines can match Samento. Samento outrivaled everything known in therapy on at least several criteria: **safety, power and speed of action, efficacy and a healing range unseen so far.** I already had the opportunity to make my comments on this "amazing healing action of Samento", as Prof. Oswald says. It is built into the herb's unique biochemical composition. And I would immediately like to emphasize that every attempt at self-treatment with Samento, since it is so curative and safe, and every effort to apply it in serious health problems without optimal diagnosing of the patient, **is ultimately not in the patient's interest** and sometimes this can undeservedly compromise Samento's exceptional reputation.

Here are just a few particular illustrations proving that Samento can both favorably influence the symptoms and eliminate the causes for a huge number of conditions, some of which are known even to date as incurable in official medicine:

**1.** R.R., 80, from Sliven, writes: "At the end of 2001 I too, the 80-year-old granny, had a **BREAST CANCER** surgery. In the first six months I took, as you prescribed, Samento and Rooibos tea every day - morning and evening, and after that, up to now, I take one capsule of Samento with Rooibos every morning. I also use some other products offered by "Lechitel": the Spanish dietary biscuits, Gingkomax... Your magic herbs **restored my blood pressure and blood sugar to a normal level, and the Parkinson's** I developed a couple of years ago

**vanished** without a trace... Now I feel lively and strong as a 20-year-old. Every morning and afternoon I go out for a walk with my friends, all of them in their 60s and 70s. They tell me I have **the gait of a lass**, because **the knee pains I've had for 20 years disappeared too...**"

2. Ekaterina Atanasova from Varna writes: "I'd like to tell you about my sister who lives in the countryside and has developed **PARKINSON'S** 3 years ago. Initially she was taking Lechitel's products **Pycnogenol and Selesan** along with the prescription Madopar. Her condition was relieved, her nervous system calmed down, but she remained as **stiff** as before, **had difficulty walking and wasn't even able to cut herself a slice of bread. One of her arms was paralyzed.** Two months ago she started taking Samento 120 mg and then proceeded, as you recommended, with Samento 600 mg. Now for a few hours every day my sister **walks freely, as if she's never had Parkinson's.** She can take a bath all by herself and she can even wash by hand. This is a miracle for us!"

3. The third case is oncological. The patient, E.L., is 76, a wife of a medicine professor who has created several renowned medicaments. The woman has been diagnosed with **GENITAL CANCER metastasized throughout the body, in terminal stage - with pain and bleeding round-the-clock** that could be stopped with none of the remedies offered by the world oncology. The patient **was bedridden.** At the request of her husband her treatment started on April 15<sup>th</sup> 2001 with **Samento 600 mg. I prescribed the following dosage: 3 x 1 capsule, half an hour before meals with a cup of warm Rooibos.**

The first beneficial effects of this treatment came **on the sixth day: the pain subsided to such an extent** that the patient no longer needed the conventional helpless and harmful painkillers, and **the constant bleeding stopped!** She was saved and from that moment on every day of her life was owed to the yet incompletely identified healing powers of the two plants and most of all Samento. Two and a half months later the patient, previously doomed and written off by orthodox medicine, **went out for a walk** (and made the round of the famous **Doctors' garden** twice) together with her husband - the professor of

classical medicine, the creator of powerful synthetic drugs who believed in the phenomenal power of herbs and was not disappointed.

Unfortunately the further keeping track of the healing process became impossible due to reasons beyond my influence.

**4.** The patient S.N. from Shumen suffers from **HEPATITIS**. The blood tests show extremely high values: ASAT - 850, ALAT - 1980. The more detailed testing found out that the patient suffered from **drug-induced hepatitis**.

In spite of the desperation and mistrust that anything could help her anymore, while still in hospital the patient started treatment with Samento and Rooibos. **In less than a month the extremely high values of the hepatic markers ASAT and ALAT returned to normal.** After having used 5 bottles of Samento in total, the patient keeps on feeling well including after the ninth month...

**5.** S.B., 68, is a teacher from Pleven. She suffers - or rather suffered - from **BRONCHIAL ASTHMA** for 36 years! The diagnosis had been specified at the University Hospital in Pleven and confirmed by the National Laboratory at the Institute of Infectious and Parasitic Diseases in Sofia. The treatment - only symptomatic of course - included nophilin, clemastin, antibiotics, syrups, salbutamol. The patient has a proven **allergy** to dust mites, bird down and plumage, various perfumes and pollen from herbs and flowers. She was subjected to desensitization from 1969 to 1980. The severe **cough** subsided but the **difficult breathing** persisted, as well as the **rapid exhaustion**. The use of **Becloforte** and **Ventolin** inhalers caused **dermatitis** (rashes and itching).

After a 3-month use of Samento 600 mg in a 2 x 1 dosage with a cup of Rooibos tea half an hour before meals, the **difficult inhaling and exhaling disappeared. So did the rashes and the itching** caused by the corticosteroidal "treatment". The inhaler and all the previously taken medicines were rendered unnecessary and their use was discontinued. This lasting effect has persisted for more than 9 months already. The patient comments upon the results of her treatment with Samento saying, "I've been born again!"

6. J.I., 80, had undergone **BREAST CANCER** surgery 15 years ago. She contacted me in the spring of 2001 when her medical record listed the following conditions and symptoms: **bilateral chronic pyelonephritis, chronic gastroduodenitis, hypertension, insomnia, conjunctivitis, vertigo, allergies, rhinitis, tracheitis, rheumatic pains, parodontitis, itching all over the body, fatty infiltration of the liver...** Until then the patient had been treated unsuccessfully with non-steroidal anti-inflammatory drugs, antibiotics and all kind of other medicines. Her blood sugar level was slightly elevated, as well as the blood fats. The tumor markers (CA 15-3) varied from 19 to 52 (Nov 4<sup>th</sup> 2000 - June 28<sup>th</sup> 2001). The sedimentation rate (SR) was above the norm – from 20 to 60 (between January and October 2002).

I appointed tests for the detection of Chlamydia and Helicobacter pylori that no one had done to her before. The results were: **Helicobacter pylori – positive (240), Chlamydia trachomatis – positive (1:512).**

After prolonged treatment, mainly with Samento 600 mg by a complex scheme, and several other natural products, the following results were achieved:

**First**, all disease symptoms faded away.

**Second**, some of the paraclinical readings move in the upper range but most of the time remain within the norm (glucose, lipids, liver enzymes).

**Third**, some other indicators like the tumor marker CA 15-3 and SR have still not completely returned to normal.

**Fourth**, Helicobacter pylori (positive) was reduced from 240 (on May 9<sup>th</sup> 2001) to 90 (positive) on April 22<sup>nd</sup> 2002.

**Fifth**, Chlamydia trachomatis levels were reduced from 1:512 (May 9<sup>th</sup> 2001) to zero (April 22<sup>nd</sup> 2002).

**Sixth**, the rheumatic marker AST was brought down from 1:264 (March 28<sup>th</sup> 2002) to 1:16 (Oct 30<sup>th</sup> 2002), which is negative.

**Seventh**, the patient feels lively, energetic and has no complaints. At her 80 years of age!

It is in cases like this that the advantages of Samento over pharmaceuticals stand out most brightly. It becomes clear how and why Samento

cope with scores of diseases, including such that the most up-to-date medicaments are helpless against. While doctors are attempting to cure with drugs one disease or another - one drug against arthritis, others against hypertension, third against cancer, and then adding fourth and fifth and seventh to get rid of the dermatitis, the drug-induced hepatitis or the ulcerous colitis, caused while trying to cure so many conditions with so many medicines that have so many side effects... **Samento doesn't treat diseases, it treats patients!**

By applying the optimal diagnostics, in most cases the doctor can really reach the roots of the disease, the cause or causes laying beneath it. This raises the chances not just for treating, but also for **curing the patient**. Scientific medicine talks about radical, pathogenetic, definitive, i.e. real treatment. Samento doesn't talk about it - it does it. Such real treatment can be accomplished also by other herbs, by other natural remedies. Samento just possesses the optimal therapeutical qualities.

We have to admit that Samento is something much bigger than our notion, our estimates, our current knowledge of it. And every future day will provide new arguments supporting this statement-prognosis.

Pay attention - while conventional medicines are designed to eliminate at least one disease, Samento never limits itself to just one condition. This is the moment to emphasize once again that it can do this job the best if on the basis of an optimal diagnostics the herb is applied in the optimal dosage for every particular case. Thus Samento manages to cope with dozens of diseases and symptoms, including such among the so-called "incurable". It successfully restores normal blood pressure (lowering the high and raising the low), blood sugar, cholesterol levels, body temperature and sedimentation rate; eliminates viral, bacterial and other infections, strengthens the weakened immune system that in turn completes the overall healing process.

By reporting these incredible and even sensational cases, **I don't mean to say that with Samento or other natural remedies one can heal for instance every cancer patient, but still I don't say that one can't**. A few

more years are needed to obtain the clear, peremptory, indisputable answer to this big question. I'm looking forward to it with optimism.

But for the present we already have an obvious answer to this question: **what the herbs can do, what Samento can do, what Optimal medicine can do?** Following certain rules and requirements for diagnostics, treatment and behavior, my patients improve subjectively and objectively faster than those treated with conventional medicines. They recover more often than reported by official medicine statistics, and even when they die, they meet their end in calmness, physical and mental comfort, with no pain and sleeplessness, no fear and suffering of whatever nature.

This is what **SAMENTO** in particular can give to mankind, and this is what **OPTIMAL MEDICINE** in general can give to the world!

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